

## **Blue Mountains City Church Youth Report**

Blue Mountains City Church Youth runs programs for 450 Youth and Young Adults on the Blue Mountains. One of the programs offered is called "Life Group". These groups are mid week support groups that run in houses from Emu Plains and all the way up the Blue Mountains.

The main focus of a Life Group is fun, food and fellowship.

These groups provide an open, welcoming and accepting environment where people will get to know each other and share life experiences together. The most important part of a group is sharing life issues and providing support for one another. Healthy relationships are under attack in our society and these groups are an avenue for real friendships to be formed and grow in a healthy environment. Being lonely is a devastating way to live, so Blue Mountains City Church Youth offer Life Groups as a fantastic way for people to connect with each other and support one another in times of trouble and to celebrate with each other in times of happiness.

Life Groups are for anyone and everyone, and because there are so many groups, it is easy to find one that fits in with your schedule.

This year Blue Mountains City Church Youth has seen a large number of young people added to the program. Beginning the year with 32 Life Groups, the number has now grown to 53.

A Life Group is a tool you can use to help you not only understand God, the Bible and other Christian related topics, but be empowered, encouraged, and refreshed.

For more details on Life Groups, please call the Church office on (02) 4739 2233.